

Medicinal Plants

THEIR USES, HISTORY & LORE

Plant Medicine

Join us for a fun evening of learning where we'll explore five different herbs. We'll learn about their common therapeutic uses today, taste the herbs in a variety of forms, make an elixir students can take home as well as weave in old lore and tales surrounding each of these plants.

History + Lore

Plant medicine is interwoven throughout all of human history. It is only in the last couple hundred years that we began to lose the oral knowledge and traditions that had been handed down for generations. In this class, we will examine surviving tales of history from Medieval times to present day for each plant.

FEBRUARY 25, 5:30-7:30

COST \$10

Sign up in advance at www.clinicalherbalism.com/blog/

